

## DOMESTIC WORKER / HOUSEKEEPER / CLEANING LADY TRAINING PROGRAMME – ONSITE TRAINING AT RESIDENCE

### COURSE OVERVIEW

This 1-day course is aimed at housekeepers, domestic workers and cleaning ladies. It is a comprehensive course which assists and provides the learner with increased household management skills. We accelerate a sense of responsibility in the workplace; improve attention to detail and time management and organisational skills. Learners have greater confidence through increased competence.

### DURATION & VENUE

This course is held at the client's place of residence, (if residing in Gauteng), in order to ensure that the Domestic Worker is at ease and familiar with her working environment. Our trainer personally does hands on training with the Domestic Worker in order to show her what is expected of her during this course as well as in her daily work routine after the end of the course. Dates are available upon request and subject to availability.

### LEARNING CONTENT

#### HOUSEHOLD MANAGEMENT & LIFESKILLS:

- Communication and ethics in the workplace
- Home and personal safety and security
- Garment care, laundry and ironing
- Comprehensive cleaning, product usage and wastage control
- Personal and hygienic practice in the workplace
- Understanding and scheduling of duties within a work plan
- Shopping list compilation
- Table and tray settings
- Food Preparation
- First aid and CPR
- HIV/Aids awareness
- Understanding employer expectations
- Hygiene routines for children
- Ensuring proper and adequate safety measures in the home

### PRICE

**R 1 890, 00** per delegate (includes Training Material, Uniform, Certificate of Completion.) This cost is also inclusive of traveling by the Trainer to the training session within a 60km radius from Pretoria.

### ENROLMENT FOR THIS PROGRAMME

To enrol for this course, kindly e-mail Julie at [info@sbdstudies.org](mailto:info@sbdstudies.org)